

**PROUDLY EMBRACING THE COMMUNITIES OF:**  
NEW RICHLAND, HARTLAND, ELLENDALE, AND GENEVA

# NRHEG PANTHERS

*School & Community Activities and Information*  
**JANUARY-MARCH 2023**



## **NRHEG'S SPOTLIGHT PROGRAM**

**(INSIDE COVER)**



# SPOTLIGHT PROGRAM

## "Elementary S.M.A.R.T Room"

Instructor: Michelle Johannsen



### Stimulating Maturity through Accelerated Readiness Training

S.M.A.R.T. is a program designed to help our children's brains and bodies get ready to learn by building the foundation required for basic readiness skills, critical for successful learners.

The program consists of fun, physical activities for developing and/or enhancing large and fine motor skills, balance and coordination, visual efficiency, eye-hand coordination, attention and much more. Once these readiness skills are in place, children have the necessary tools to be able to attend and learn, making them ready for school and prepared to become life-long learners.

Students get to experience super fun themes such as Dinosaurs, the Holiday Seasons, Going on a Bear Hunt, Bugs and birds, and Dr. Seuss all year long to keep them excited and engaged during each visit to the SMART room.

Typically, students in our Bridges-2<sup>nd</sup> grade classrooms utilize our SMART room the most, which means over 100 students per year get to experience the SMART room on a regular basis. Our teachers have really noticed the difference the SMART room has made on each and every student, in fact, one of our very own teachers is now doing her Masters on Movement and Learning after seeing first-hand the positive effects our SMART room had on her students!



### DISTRICT CONTACT INFORMATION:

**Our Mission:** Empowering students with knowledge and skills to succeed.

**Our Vision:** To be the school district of choice, inspiring excellence in academics, arts, and activities.

<p><b>DISTRICT OFFICE:</b>                  Superintendent: Michael Meihak mmeihak@nrheg.k12.mn.us                  Admin. Assistant: Sue Kulseth. skulseth@nrheg.k12.mn.us                  Phone: 507-465-3206 Fax: 507-465-8633</p>	<p><b>COMMUNITY EDUCATION:</b>                  Director: Macy Whiteside mwhiteside@nrheg.k12.mn.us                  Phone: 507-417-2667 Fax: 507-465-8633                  Assistant: Stacy Hutchens shutchens@nrheg.k12.mn.us</p>
<p><b>ELEMENTARY SCHOOL:</b>                  Elementary Principal: Craig Kopetzki                  ckopetzki@nrheg.k12.mn.us                  Admin. Assistant: Jean Greenwood                  jgreenwo@nrheg.k12.mn.us Phone: 507-684-3181                  Fax: 507-684-2108</p>	<p><b>SECONDARY SCHOOL:</b>                  Secondary Principal: David Bunn                  dbunn@nrheg@nrheg.k12.mn.us                  Admin Assistant: Teri Kormann tkormann@nrheg.k12.mn.us                  Phone: 507-465-3205 Fax: 507-465-8633</p>
<p><b>ATHLETICS / ACTIVITIES:</b>                  Athletic Director: Dan Stork                  dstork@nrheg.k12.mn.us                  Phone: 507-417-2628 Fax: 507-465-8633</p>	<p>We offer many ways to help you to Stay Connected with the NRHEG School District!  <a href="http://www.nrheg.k12.mn.us">www.nrheg.k12.mn.us</a>   NRHEG Elementary School, NRHEG Secondary School                  NRHEG Community Education, NRHEG ECCE</p>

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# NRHEG District Newsletter January 2023

## **A Letter from the Superintendent**



### **A New Year Ahead**

The holiday season is now in our rear-view mirror and hopefully, filled with memories of excitement, joy, and family time. Our students have returned from winter break and the excitement of the new year and the push toward spring helps us through the wintery months of Minnesota. I never have been big on New Year's resolutions, but for many, this is a great time to concentrate on making positive changes to our daily routines or our lives in general.

The year that lies ahead will indeed result in many changes; some planned and some unplanned. As a school district, we never lose sight of providing the best experience possible for our students and staff. We live by the motto that "good is never good enough"; we need to turn "good" into "great". We are very fortunate to have a district of dedicated employees and a community that supports the schools and the students. We have plans in the works for making improvements to our instructional practices as well as our facilities.

Honing our craft as educators is a constant. Educators working in a school district understand the value of learning and growing as professionals. Preparing our students for the world outside of school is taken very seriously and requires a commitment to never stop learning. Our staff members will continue to meet and discuss how we can best serve our students. We are looking at educational programs and best practices that make us better, and in turn, make our students better prepared for whatever lies ahead of them this new year and for many new years ahead. Changes to our curriculum and our approach to learning will take place. We are excited about the challenge of growth and change and it is our goal to provide a better education for our students each and every year that they attend our schools.

Our buildings and grounds also need to keep pace with the demands of the world around us. New technologies, upgrades to our facilities, improving our infrastructure, and making our buildings and grounds more cost-efficient, safe, and reliable are also part of the responsibility of the school district. Security systems, phone systems, parking lots, heating systems, ventilation systems, cameras, flooring, roofs, grounds, renovated restrooms, exterior doors, and interior doors are some of the facility maintenance projects that are planned for the new year (and 2024). Our goal is to display pride in our facilities now and for future years ahead.

Panther Pride has been evident since the beginning of the NRHEG School District. The new year ahead will bring changes that will strengthen what we do and who we are. Panther Pride is alive and well and ready to make 2024 a year to be proud of.



## What is Community Education?

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.



## Services



### Youth & Adult Programming

Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

### Early Childhood Services

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

### Facilities Rental

Need gathering space? We have it!



### Facility Scheduling & Requests

Requests for the use of school facilities are made through the Community Education Office. Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education. A minimum of three week notice for use of facilities is required.

## BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call: 507-417-2667 email: [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)

**YOUTH DEVELOPMENT SCHOLARSHIPS:** Through the generous donation from the EF Johnson Foundation, we are able to offer \$50.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)! Income eligibility based off of the free/reduced lunch scale.



## BIRTHDAY PARTY GYM RENTAL

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is \$60 for 2 hours of gym time for free play/games and cafeteria time to eat. Call 507-417-2667 or email [mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us) to check on gym availability (Ellendale or New Richland) and to schedule your party!



## IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at [www.nrheg.k12.mn.us](http://www.nrheg.k12.mn.us) under the community education tab.

### Early Childhood Screening

Looking for all 3-4 year olds...

## Age 3? Time to Screen!

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507-417-2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: March 10 & April 21, 2023 at the United Methodist Church in Ellendale

EARLY CHILDHOOD  
Growing the Future.  
Family Strong.



### help me



Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

- Help Me Grow provides resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.
- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service agencies.

### help me CONNECT

A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.

MINNESOTA Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit <https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/>

facebook



**What is ECFE?** Early Childhood Family Education (ECFE) is a NRHEG Public Schools program that provides parenting information and support to families whose children are birth to five years old (not yet enrolled in kindergarten). A variety of classes, pre-school options, and activities are offered for all age groups. Most ECFE classes follow a similar format: parent/child activity time followed by parent education time to discuss common concerns and experiences while their children participate in an early childhood classroom. School readiness skills and activities are an important part of all programming.



**What does a typical ECFE class include?** **Parent-Child Activity Time:** Families explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher. These experiences foster a child's social, emotional, cognitive, physical, and language skills. **Parent Education Time:** Parents meet with a licensed parent educator to share support, experiences, and information about child development and parenting techniques. Research on early brain development, parent-child relationships, child development, and guidance techniques are presented in ECFE classes. **Children's Activity Time:** Children learn with the early childhood teacher and practice social skills as they interact with one another.

**Adventures In Parenting** This multi-age class focuses on a variety of family issues and activities. Topics covered in parent discussion time are determined through discussion of parent needs/interests, current research, and teacher suggestions including child development, school readiness, temperament, guiding behavior, and sibling relationships. During separation from parents, children interact with the Early Childhood staff and other children and typically have a snack, crafts, stories, music, and more time playing with peers. These classes are for preschoolers aged 2-5 years old and their parents, grandparents, or caregivers.

**WINTER/SPRING 2023 Session** Classes will be held Tuesday evenings in the New Richland or Ellendale Preschool classroom. 5:45-7:15pm. \$15 per family. Class locations may rotate between Ellendale and New Richland depending on participants' preferences – Tuesday Feb. 28<sup>th</sup> class will be located in New Richland room #C115 (enter south east playground doors #2S). Dates are subject to change. Classes are: February 28. March 7, 14, 28. April 4, 11, 18

# GRANDPARENT'S NIGHT

Children Ages: 2 ½ - 7 years old with adult

GRANDPARENTS  
fill the world  
with LOVE

A special time for grandma and/or grandpa (or special grandparent-like friend) to spend time with their favorite little person! You will make a project, play a game, read a book, and eat a snack together while making each other feel extra-special, as usual!

Cost: \$5.00 per child

Date: Tuesday, Jan. 31

Time: 6:00-7:15pm.

Location: New Richland School lower commons

## NRHEG Panther

## PRESCHOOL



**NRHEG Community Education and our School Readiness Programs take pride in investing in our youngest learners and in preparing children and families for success in school.**

Registration Forms will be accepted starting Monday, March 13th.

**NRHEG Panther Preschool** provides programming designed to help early childhood learners prepare for Kindergarten. Our program is designed for all families. Three year old students are in the New Richland Secondary School or the Ellendale Elementary School and have options of 2 or 3 day-a-week programming in the morning. Four year old students are located in the New Richland Secondary School or the Ellendale Elementary School and have options of 2, 3, or 4 day-a-week programming in the morning or afternoon.

### Why do parents choose our program?

**Our Students:** Children who attend our preschool program enter Kindergarten with foundational skills (social-emotional & academic) and experiences that will help them to be successful in school.

**Our Teachers:** State licensed & highly qualified in early childhood education, our teachers are dedicated and passionate about our earliest learners.

**Our Curriculum & Assessments:** Our 123-Learn curriculum is Parent-Aware Approved, research based, developmentally appropriate, and aligned with the MN state learning standards. We utilize TS Gold Assessment (Parent Aware approved) throughout the year along with our KRAT (Kindergarten Readiness Assessment Tool).

**Our families:** Families are valued partners with the school in supporting their child's learning at home.

**Focus on the Transition into school:** Our programs are integrated and aligned with Bridges/Kindergarten to make that transition into school smooth and exciting for our youngest of learners.

## PANTHER PRESCHOOL REGISTRATION & OPEN HOUSE

Registration & Open House for the 2023-24 school year will be on Monday, March 13 in New Richland or Thursday, March 16 in Ellendale. You can attend either site and register for either site on these days.

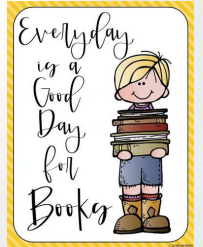
The Open Houses are from 6:00-7:00pm. Swing in during this time to register and check out the classroom, meet the teachers, do a craft, get a free book/activity, and have fun playing with new friends! The registration fee will only be \$20 if you attend one of the Open Houses or register before Friday, March 17<sup>th</sup>. The registration fee after Friday March 17 is \$35 per child.

Registration information will be available for the 2023-24 preschool program on our website starting Friday, March 10<sup>th</sup>. Please check our website: [www.nrheg.k12.mn.us](http://www.nrheg.k12.mn.us). Go to the Community Education tab, click on Early Learning, then Registration Forms.

# Ellendale Elementary School Information

## REMINDERS OF UPCOMING DATES & EVENTS:

Parents – Please take time to read to or with your student each day.



### JANUARY

- 2 - last day of Winter Break
- 11 - two hour late start
- 16 - MLK Jr. Day - school is in session
- 20 - no school, teacher planning day
- 31 - Parent/Teacher conferences (4:00-8:00pm)

### FEBRUARY

- 2 - Parent/Teacher conferences (4:00-8:00pm)
- 20 - no school, President's Day

### MARCH

- 1 - two hour early dismissal
- 6 - no school, Staff Development Day
- 21 - Kindergarten Orientation
- 27 - no school, teacher planning day



# BRIDGES / KINDERGARTEN ORIENTATION

2023-2024 School Year

For all incoming 2023-2024 Kindergarten / Bridges Students

**Tuesday, March 21 3:30-5:30pm**  
**Ellendale Elementary School**

Stop in anytime between 3:30-5:30pm to register your child for school this fall, tour our Elementary Building, meet some of our school staff and Principal Kopetzki, and get to know our Bridges & Kindergarten teachers!



Come join us for a fun-filled family  
movie night at the Secondary School Gym

Family Movie  
Night  
**FREE**

Bring your friends & family along with some blankets and pillows for a soft spot to kick back and enjoy the show!

Movie: "HOP" rated PG

Time: 6:00pm Friday, March 3  
(date subject to change)

Enter through Door # 16 E

Refreshments available for purchase:  
Popcorn, Candy, Pop, Water, Gatorade



FREE PRINTABLE INVITATION - BAGVANIA.COM

DADDY  
*daughter*  
Dance



New Richland Secondary School Commons. Friday, February 10<sup>th</sup> 6:15-7:45pm.

Fun – Snacks – Crafts – Dress Up & Dance the night away!

To register – fill out the registration form located at the back of the book.  
Tickets are \$10.00 per couple. Each additional daughter is \$5.00. Enter into door #1E  
Register by Friday, Feb. 3<sup>rd</sup>.



# School Age Care



AGES: 3 YEARS - 5<sup>TH</sup> GRADE



## School Year 2022-23

Hours: 6:45am- to 5:45pm Monday-Friday

New Richland & Ellendale Schools

\*All day care available for children ages 3-5 years old in New Richland (enrolled in Panther Preschool)

\* Before / After School care for B/K – 5<sup>th</sup> grade in Ellendale and New Richland Schools

\*Non-School day care located in New Richland (preschool-5<sup>th</sup> grade)

- \*Preschool aged Before & After-School all-day Care
- \*B/K-5<sup>th</sup> grade Before & After-School Care.
- \*Kindergarten Readiness Support
- \*Homework help upon request

- \*Fun-Recreational Activities
- \*Breakfast & Snacks Included
- \*Care on Non-School & Summer Days
- \*Arts & Crafts

Cost varies based on your hours needed per week  
visit our website at:  
[www.nrheg.k12.mn.us/Page/3214](http://www.nrheg.k12.mn.us/Page/3214)

Please call or email Rachel at [rpowell@nrheg.k12.mn.us](mailto:rpowell@nrheg.k12.mn.us) 507-416-2137 or 507-417-2626 for more information



Come one, come all, come play KICKBALL! That's right, this game will have you kicking, running, catching, and throwing. What else can we say... it's just that fun! Wear comfortable clothing and tennis shoes. We will warm up, play hard, and cool down! Snacks included.

**Instructor:** Macy Whiteside **Grades:** 2-5  
**Location:** Ellendale North Gym.

**Cost:** \$10 per person  
**Date:** Wednesdays – Feb 22, March 1 & 8

**Time:** 3:30-4:30pm (1:30-2:30pm on March 1)  
**Register by:** Friday, Feb. 17

### SCHEDULE

E.O. Sunday Nov – March.  
2:00-4:00pm

## ALL AGES OPEN GYM Sundays

#### New Richland

Nov. 6  
Dec. 4  
Jan. 8 (cancelled – youth wrestling tournament)  
Feb. 5  
March 5

#### Ellendale

Nov. 20  
Dec. 18  
Jan. 22  
Feb. 19  
March 19

#### EQUIPMENT AVAILABLE:

2 pickleball courts (set up upon request)  
Basketballs  
Kickballs & bases  
Misc. equipment

#### FEES:

Daily Admission = \$1.00



Children under the ages of 8 years must be accompanied by a responsible adult or older sibling.  
NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door #8 in Ellendale to sign in



## Student Bus trips will be added soon!

Watch for flyers to come home in your child's backpacks soon!

\$50  
Scholarships  
available  
(see page 4)



## Fairy Garden Fun! Ages: 1-4<sup>th</sup> Grade

Want to kick the winter blues and ready to start thinking Spring? Register for our fairy garden class and make your very own unique garden. You can choose from a variety of different items to truly make it your own, and don't worry about remembering to water your garden because all items are artificial. **Date: Wednesday March 29. Time: 3:30-4:45pm. Cost: \$20**

**Location: Ellendale Cafeteria Instructor: Macy Whiteside Register by: Wed. March 15**



### Holiday Gnome

We are so excited to have you join us on Saturday, Feb. 11<sup>th</sup> from 10:00-12:00pm for our Holiday Gnome class! He is so adorable and will be a great addition for Valentine's Day (or any holiday) décor – the best part – change his hat to fit any holiday! Bring your mom, grandma, or someone special and learn our simple techniques during this step-by-step process to create your adorable Gnome. *Afterwards take your someone special out on a lunch date for Valentine's Day!*

**Ages:** 1<sup>st</sup> Grade and up (with adult) **Date:** Saturday, Feb. 11. **Location:** Secondary School Art Room, D153 **Instructor:** Judy Tweeten  
**Register by:** Wednesday, Feb. 1<sup>st</sup> **Time:** 10:00-12:00pm **Cost:** \$17 per Gnome (please specify how many Gnomes you would like to make on registration form)



## The Cardinal 8<sup>th</sup> grade and up

Here is your chance to hang an original piece of your artwork at home. We will explore the different techniques used in Acrylic & Watercolor paintings. You will be able to choose your favorite painting medium to create your original piece of artwork to take home. You will need to bring an apron, smock, or an old shirt. There is a limit on the number of people who will be able to take this class, so sign up early!

**Date:** Thursday, Jan. 26 **Time:** 6:00-8:00pm **Cost:** \$37.00  
**New Richland Art Room D153 Register by:** Thursday Jan. 19<sup>th</sup>

## Valentine's Day Wreaths

**Make a Valentine's Wreath for you or a loved one!**  
Come join us for the Valentine's Day Wreath making class on **Wednesday, Feb. 1<sup>st</sup> from 3:30-5:00pm** in the Ellendale Cafeteria.  
**\*\*Low temp hot glue guns will be used.**

**Ages:** 2-5<sup>th</sup> grade **Date:** Wednesday, February 1<sup>st</sup>  
**Time:** 3:30-5:00pm **Location:** Ellendale Cafeteria  
**Instructor:** Macy Whiteside **Register by:** Thurs. Jan. 26  
**Cost:** \$15 for 2 wreaths (please indicate which 2 wreaths you would like to make on your registration form)





# NRHSG



## COMPETITION CHEERLEADING



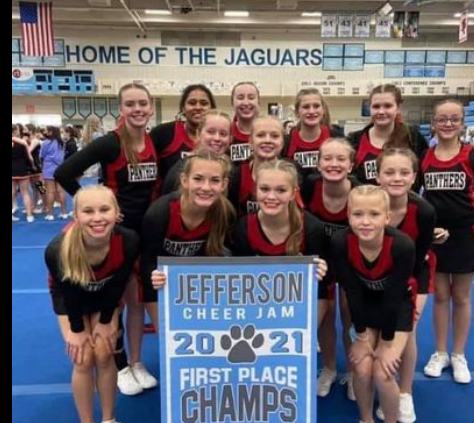
### CHEER TEAMS

Middle School (Gr. 5-8) & Varsity (Gr. 9-12)



### PROGRAM DATES

July 2023-February 2024



### REGISTRATION

Informational Meeting / Registration:  
Thursday, April 6<sup>th</sup>, 2023  
7:00pm.

New Richland High School Commons (enter east door #1E)



### COST

Due to the nature of this program and pricing being dependent upon uniform needs, 2023-2024 competition fees, choreography, etc. pricing will be better estimated later in the spring. Please email [panthercheercoaches@gmail.com](mailto:panthercheercoaches@gmail.com) for more information.



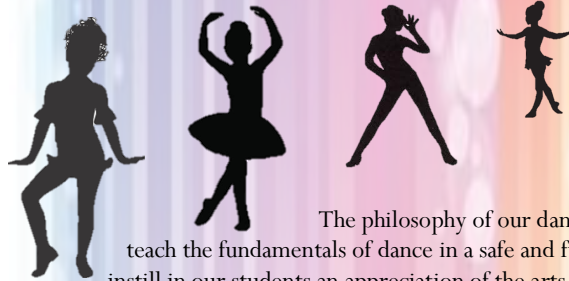
*This program is a large commitment and requires those that are competing to be at all practices and competitions as your team counts on you! Middle School cheerleaders practice approximately once per week, Varsity approximately twice.*

*Competition teams will compete in approximately 5 competitions throughout the season. If you are interested in more information please contact [panthercheercoaches@gmail.com](mailto:panthercheercoaches@gmail.com) and attend the registration meeting on Thursday, April 6.*

*Registrations are accepted until April 24<sup>th</sup>*



# Youth Program Dance



The philosophy of our dance program is to teach the fundamentals of dance in a safe and fun manner and to instill in our students an appreciation of the arts in an enjoyable atmosphere. Our main goal is to teach the love of dance as a performing art. Our goal is to give each student the best possible dance experience, to help them gain poise and confidence, as well as encouraging participation in a healthy physical activity.

Each season-ending recital is designed to teach our students what it would be like to be a real performer. They learn teamwork and stage directions, experience dressing in costume, as well as seeing the workings of a theatre. Performance costumes will be an additional cost.

*We recommend tan for jazz or ballet shoes.  
Practice clothing should be form fitting.*

**Classes are held on Mondays: February 6, 13, 27. March 6, 13, 20.  
April 3, 11(Tues), 24. May 1, 8, 15. Recital on Saturday, May 20.**

**\$50 youth scholarships available!  
See page 4**

## Ellendale Elementary Cafeteria

**1-2<sup>nd</sup> Grade: 3:30-4:10pm. Price: \$143 (payment plans also available)**

This combo class will be full of cute jazzy dancing and sweet ballet dancing. We will explore the fundamentals of ballet and jazz dance along with moving creatively to the music. Students will be moving and grooving to upbeat music in jazz and then in ballet we will focus on graceful and precise movements as we tell a story through ballet dance. This class will be full of grooves and tunes!

**3-5<sup>th</sup> Grade: 4:20-5:00pm. Price: \$143 (payment plans also available)**

This class will be full of spunky jazz moves and graceful ballet fluttering. We will explore the fundamentals of both ballet dance and jazz dance. Be ready for lots of fun movement and great music all while learning the technique of dance.

**Tiny Dancers (prek-K): 5:00-5:30pm. Price: \$108 (payment plans also available)**

Preschool and kindergarten age students will explore movement creatively through learning the fundamentals of ballet and jazz dance along with dancing along to fun music. In class students will also work to strengthen fine and gross motor skills needed in the early years! This class will be full of smiles, twirls and tunes!!

**Parent & Me (12mo to 3 yrs): 5:30-6:00pm. Price: \$35 (3<sup>rd</sup> Monday of each month).**

This class is for your little one and you to move and groove together! We will dance to fun music, learn fun finger plays and work on our fine and gross motor skills together. This class will be full of giggles and wiggles! (Parents will participate the whole time. Socks or bare feet are needed for this class)



My name is Laura Garlow. I am excited to get to share my passion for music and dance with the Panther community! I have been dancing since I was 6 years old-dancing for 12 years through school and did 2 years of competitive dance! I loved music-also participating in choir, plays and musicals. I can't wait to get to move and groove with some of our Panther students!

## New Richland City Hall

**Tiny Dancers (prek-K): 4:15-4:45pm. Price: \$108 (payment plans also available)**

Preschool and kindergarten age students will explore movement creatively through learning the fundamentals of ballet and jazz dance along with dancing along to fun music. In class students will also work to strengthen fine and gross motor skills needed in the early years! This class will be full of smiles, twirls and tunes!!

**1-4<sup>th</sup> Grade: 4:50-5:30pm. Price: \$143 (payment plans also available)**

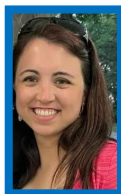
This combo class will be full of cute jazzy dancing and sweet ballet dancing. We will explore the fundamentals of ballet and jazz dance along with moving creatively to the music. Students will be moving and grooving to upbeat music in jazz and then in ballet we will focus on graceful and precise movements as we tell a story through ballet dance. This class will be full of grooves and tunes!

**Parent & Me (12mo to 3 yrs): 5:30-6:00pm. Price: \$35 (1<sup>st</sup> Monday of each month).**

This class is for your little one and you to move and groove together! We will dance to fun music, learn fun finger plays and work on our fine and gross motor skills together. This class will be full of giggles and wiggles! (Parents will participate the whole time. Socks or bare feet are needed for this class)

**5<sup>th</sup> grade & up: 6:00-7:00pm. Price: \$143 (payment plans also available)**

In this class we will learn the basics of jazz and lyrical dance. We will learn technique and work on flexibility as dancers. We will dance to upbeat music, as we learn to kick, leap and turn! . We will also be learning how to tell a story through soft and flowing moves in the new popular dance style of lyrical dance. This class will be full of glamorous, precise and flowing new moves.



My name is Devin Redman and I am so excited to be sharing my love for dance with students in the NRHEG community! I started taking dance lessons at age five and continued through high school. Through the years I studied ballet, jazz, lyrical, contemporary, danceline, pointe and tap dancing. After high school, I danced with the Minnesota Dance Collaborative adult performing group for three seasons. I have taught dance for eight years to students ranging from eighteen months through high school. I have a passion for the movement, storytelling and structure of the art of dance. I also really enjoy sharing my passion with students! I look forward to creating, teaching and dancing with the students in the NRHEG community!

Because this program is a new addition to Community Education, please know that it is a new program and will be evolving to fit the needs of our dancers & communities! As popularity builds, so will our class offerings. If you have suggestions please let us know! Minimum class size is 6 participants. Some classes may need to be combined to meet the minimum class size – registered participants will be contacted regarding that decision.

*The goal is to constantly improve as dancers, as individuals, and as a team. Above all, we must always give it our best effort.*

*The effort matters as much, if not more, than the results.*



# NRHEG CLAY TARGET TEAM

**Grades:** 6-12. Available in both fall and spring, this league is for students who have a valid gun safety certificate and have an interest in shooting sports. This is the fastest growing high school sport in MN! The State Class Championship represents the largest youth trap shoot in the nation and the MSHSL State Tournament is currently the only one of its kind in the nation.

**Fall League:** begins in mid-September and goes for 6 weeks with no state shoot at the end. It's a great way for students to introduce themselves to the sport before the Spring League. Registration for the Fall League begins in August so being on the mailing list before school starts is very important. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 6-week season, the cost of league registration, a meal at our fun shoot, and a team shirt.

**Spring League:** involves weekly shoots one night per week starting the first week of April and going through the MSHSL State Tournament in late June. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 10-week season, the cost of league registration, state shoot registration, a meal at our fun shoot, and a team shirt.

**All students provide their own firearms, ammunition, and safety gear. Students from neighboring school districts without a team or who are home schooled are also welcome to join us!**

For more information contact Dan Sorum at 507-417-2627 or email him at dsorum@nrheg.k12.mn.us. If you wish to be placed on the team mailing list email Mr. Sorum your contact information ahead of time.

ALL FEES need to be sent to Mr. Sorum (306 Ash Ave. South, New Richland, MN 56072) with checks made out to NRHEG Community Education with Clay Target in the memo. Registration is set in January so getting on the mailing list is important for up to date information.

## Ellendale

### Steele County Snowmobile Safety Training

**Date:** Saturday January 14<sup>th</sup>, 2023  
**Time:** 7:30am-8:00am Check in/Read materials provided  
8:00am-2:00pm Classroom/Shop (Lunch will be provided)  
2:00pm-4:00pm Driving Test (Students may leave once their driving test is completed and have received the class completion form)

**Location:** Hope Trail House  
9028 SW 37<sup>th</sup> Ave  
Hope, MN 56046

**To Pre-register:** Pick up registration forms at Sette's Sports Center. Please include \$10.00 payment with your registration form with a parent/guardian signature.

Sette's Sports Center  
2299 Austin Road  
Owatonna, MN 55060



**Important:**

- \*Registrations must be delivered to Sette's Sports Center by Wednesday January 4<sup>th</sup>, 2023.
- \* **Class limit is 50, so sign up ASAP.**
- \*You will be taking your driving test the same day so bring clothes for the weather. Helmets, jackets, gloves, etc.
- \*Students must be 11 years old to take the class and the safety certificates will not become valid until the age of 12.
- \*In order to reduce costs, the DNR has changed to a Self-Certification system, where passing students will take their yellow class completion form and follow the instructions in order to print out and pay \$5.00 for their safety certificate at home.
- \*Anyone 16 or older can take the class online and do not need to have the classroom training or the riding portion.

## New Richland

### City Ice Rink

Stay active outdoors while enjoying a fun time with family and friends, at the New Richland outdoor skating rink.



Located at 115 NW 5<sup>th</sup> St. Travel North on Broadway to 5<sup>th</sup> St. Warming house and hockey nets are also available for use.

The City Ice Rink is open as the season allows. Watch the City Facebook page for opening date and other information.



### Sweet Heart Bingo

Saturday, Feb. 11<sup>th</sup> at 7:00 pm (doors open at 6:30pm).  
15 games for \$15! *Hosted by the New Richland Ambulance relief Association.*



Saturday, April 1<sup>st</sup> at 7:00pm (doors open at 6:30pm).  
15 games for \$15! *Hosted by the Commercial Club*

# SECONDARY SCHOOL INFORMATION

## REMINDERS OF UPCOMING DATES & EVENTS

### JANUARY

- 2 - last day of winter break
- 11 - two hour late start
- 19 - end of 2<sup>nd</sup> Quarter
- 20 - no school, teacher work day



### FEBRUARY

- 20 - no school, President's Day
- 27 - Secondary Parent/Teacher Conferences (4:00-8:00pm)



### MARCH

- 1 - two hour early dismissal
- 3 - end of 2<sup>nd</sup> Trimester for 7<sup>th</sup> grade
- 6 - no school, Staff Development Day
- 24 - end of 3<sup>rd</sup> Quarter
- 27 - no school, teacher planning day



## SPRING SPORTS



Information for 7-12<sup>TH</sup> Grade Students

**GIRLS SOFTBALL**

**BOYS BASEBALL**

**BOYS & GIRLS TRACK AND FIELD**

**BOYS & GIRLS GOLF**

Registration information will be sent to all families with students in grades 7-12 in late February. There will also be a spring sports meeting in early March. Watch for more details and this email soon!

More information can be found at:  
<https://www.nrheg.k12.mn.us/domain/732>





# MN HIGHWAY SAFETY CENTER

## 55+ Driving Classes

*This class will save you at least 10% on your auto insurance.*

MN Statute requires the completion of an 8 hour initial course. To maintain your discount, a 4 hour refresher course needs to be completed every 3 years. Upon completion, submit your certificate to your insurance company.

### DEFENSIVE DRIVING REFRESHER COURSE (4 hour class) \$24 per person

March 13, 2023 = 5:00-9:00pm in the New Richland Secondary School Library (enter through door #1E)

### FIRST TIME DEFENSIVE DRIVER COURSE (8 hour class) \$28 per person.

March 15, 2023 = 5:00-9:00pm in the New Richland Secondary School Library (enter through door #1E)

March 16, 2023 = 5:00-9:00pm in the New Richland Secondary School Library (enter through door #1E)

TO REGISTER: visit our website at [ww.mnsafetycenter.org](http://ww.mnsafetycenter.org) or call 1-888-234-1294.

This 55+ Driver Discount Program (DDP) is approved by the Minnesota Department of Public Safety.

*These driver improvement courses are taught by MN Hwy Safety Center trained instructors. These classes explore changes in laws, the latest vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention. The classroom sessions are the initial eight hour and four hour refresher format. First time participants must complete this 8 hour course (two four-hour sessions) before you are able to take the 4 Hour Renewal Course. Completion of this 8 hour course allows for a 10% reduction on automobile insurance premiums for those aged 55 and over. After completing the 8-hour course, you must take the 4-hour refresher every three years to take advantage of the discount.*

## The Cardinal

8<sup>th</sup> grade and up

Here is your chance to hang an original piece of your artwork at home. We will explore the different techniques used in Acrylic & Watercolor paintings.

You will be able to choose your favorite painting medium to create your original piece of artwork to take home. You will need to bring an apron, smock, or an old shirt. There is a limit on the number of people who will be able to take this class, so sign up early!

Date: Thursday, Jan. 26

Time: 6:00-8:00pm

Cost: \$37.00

New Richland Art Room D153

Register by: Thursday Jan. 12th



## Holiday Gnome



We are so excited to have you join us on Saturday, Feb. 11<sup>th</sup> from 10:00-12:00pm for our Holiday Gnome class! He is so adorable and will be a great addition for Valentine's Day (or any holiday) décor - the best part - change his hat to fit any holiday! Bring your mom, grandma, or someone

special and learn our simple techniques during this step-by-step process to create your adorable Gnome.

*Afterwards take your someone special out on a lunch date for Valentine's Day!*

Ages: 1<sup>st</sup> Grade and up (with adult)

Date: Saturday, Feb. 11

Location: Secondary School Art Room, D153

Instructor: Judy Tweeten

Register by: Wednesday, Feb. 1<sup>st</sup>

Time: 10:00-12:00pm

Cost: \$17 per Gnome (please specify how many Gnomes you would like to make on registration form)

# OPEN GYM

## SCHEDULE

Sundays

E.O. Sunday Nov – March.  
2:00-4:00pm

### New Richland

Nov. 6  
Dec. 4  
Jan. 8 (cancelled - youth wrestling tournament)  
Feb. 5  
March 5

### Ellendale

Nov. 20  
Dec. 18  
Jan. 22  
Feb. 19  
March 19

## EQUIPMENT AVAILABLE:

2 pickleball courts (set up upon request)  
Basketballs  
Kickballs & bases  
Misc. equipment



## FEES

Daily Admission = \$1.00

*\*\*Additional days may be added based on popularity\*\**

*Children under the ages of 8 years must be accompanied by a responsible adult or older sibling. NO STREET SHOES (tennis shoes only). Enter door #6 in New Richland & Door #8 in Ellendale to sign in*



Ages 16+

Schedules will vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules. Please join our Facebook group

## "NRHEG Pickup Basketball"

to find the times/dates/locations each week

Cost: \$3 at the door  
Leader: Aaron Sarvey

Interval training

Cardio training

Strength training

# POWER HOUR

## Adult Fitness Classes with Emily Schultz



ALL FITNESS LEVELS ARE WELCOME!

Join me for a unique & customized group workout experience! I understand that every person is unique and every goal is personal, so by working together we can build healthy, happy people! Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

LOCATION: Meet in the NR Secondary School weight room, enter through door #17

### Session 4

Dates: Jan 4 – Feb. 24 M-W-F  
Time: 5:00-6:00am  
Fee: \$75 per person / 8-weeks

### Session 5

Dates: Feb. 27 – April 28 M-W-F  
Time: 5:00-6:00am  
Fee: \$85 per person / 9-weeks

### Session 6

Dates: May 1 – June 30 M-W-F  
Time: 5:00-6:00am  
Fee: \$85 per person / 9-weeks

Join us for the walking program in the New Richland or Ellendale building!



You will need a Panther walking badge, which must be worn while walking. They can be picked up when you register at the Ellendale or New Richland School District Office or call 507-417-2667.

**Time:** 6:45-7:30am and/or 3:30-7:30pm

**Dates:** Only available on school-days

**Cost:** \$5 per person each year to join regardless of when registering.



# AUDITIONS

## STRAIGHT RIVER YOUTH SINGERS

DEC 17 (NEW RICHLAND)  
JAN 14 & 15 (OWATONNA)

5-MINUTE 1:1 AUDITIONS  
SRYouthSingers@gmail.com  
507-210-6384

### Straight River Youth Singers

Joining youth voices in harmony...  
Cultivating healthy and beautiful singing

Schedule your audition today! Scan the QR code to sign up  
Find us on Facebook for more info



### Spring 2023 Ensembles:

- 4-6<sup>th</sup> Grade – Treble Chorus
- 7-9<sup>th</sup> Grade – Straight River Chorale
- 10-12<sup>th</sup> Grade – Singers of Straight River

Auditions & Rehearsals:  
2500 7th Ave NE Owatonna, MN 55060



## Bus Drivers Needed

### FLEXIBLE SCHEDULING IS AVAILABLE.

Morning routes, afternoon routes, morning and afternoon routes, evening routes, spring routes, fall routes, winter routes, summer routes, van routes, bus routes...

*We can make any schedule work!!*

Regular routes typically average 2 hours from start to finish.  
Evening routes can run as long as 6 hours.  
A great way to supplement your income as much or as little as you want.

### TRAINING IS AVAILABLE

Don't be frightened away!  
We will provide training for new drivers and make sure you are comfortable and confident behind the wheel.

We believe in working together as a team and helping each other out in any way that we can.

*Come talk to us to learn more about how we can help you become a school bus driver!*

### BENEFITS AVAILABLE

- Competitive hourly pay
- Free NRHEG Activity Pass
- Flexible scheduling
- Take your students to work, eliminate childcare expenses
- Supplemental income
- Giving back to our schools and our communities
- Working with some pretty awesome people!

*I'm a*  
**Bus Driver**  
*what's your*  
**super power**

NRHEG



Have questions? Need more information?  
Talk to any bus driver or call Karla at 507.417.2605 or Mike at 507.417.2602

# Now hiring!

## Substitute teachers and aides



A Kelly Company



- Make a difference in the local community
- Flexible schedule
- Great pay and bonus opportunities
- Prior teaching experience not required

Call or visit us online to learn more.

800.713.4439  
teachersoncall.com

Teachers On Call is a Kelly Company  
An Equal Opportunity Employer © 2019 Kelly Services, Inc. All rights reserved 18-68670



## Stay Active & Independent for Life

Do you wish you could improve your strength, balance and flexibility?

Do you want to decrease your risk of falling?

This free exercise program is for you.



**Stay Active & Independent for Life (SAIL) is an evidence-based exercise program proven to prevent falls and improve health and well-being.**

Designed for older adults, SAIL classes include strength, balance, flexibility and moderate aerobic training. Performing exercises that improve strength, balance and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.

NEW RICHLAND

EVERY WEDNESDAY AND FRIDAY  
9:00 – 10:00 A.M.

TRINITY LUTHERAN CHURCH  
204 FIRST STREET NW

Walk-in Registration  
This is a FREE program

ACTIVE AGING PROGRAMS  
Catholic Charities of Southern MN

Contact Marlene with questions or to pre-register:

507.450.1518  
mlvine@ccsomm.org



# COMMUNITY EDUCATION REGISTRATION FORM

*1 registration form per child please*

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work: \_\_\_\_\_  
*(email is NECESSARY for updates and notifications of class info.)*

1. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

2. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

3. Class/Activity: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Fee: \_\_\_\_\_

How will your child be getting home after class/activity is complete(who will pick up)? \_\_\_\_\_

Where will my child be picked up & dropped off at (bus trips only)? \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \_\_\_\_\_ CHECK #(s) \_\_\_\_\_ *Checks payable to: Community Ed*

**\*\*\* Field trips will require an additional form & waiver to fill out - located in a school office or on our website.**

## PARTICIPANT EMERGENCY CONTACT INFORMATION

STUDENT GRADE: \_\_\_\_\_ AGE: \_\_\_\_\_ ALLERGIES: \_\_\_\_\_

PERTINENT MEDICAL INFORMATION : \_\_\_\_\_

1. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

2. PARENT/GUARDIAN/RELATIVE/FRIEND NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

**RETURN FORM TO:**  
NRHEG Community Education  
306 Ash Ave. South  
New Richland, MN 56072

**MAKE CHECKS PAYABLE TO:**  
NRHEG Community Education. Please  
send separate checks for sports/trips &  
enrichment classes.

**You will be registered when** the payment  
is received. If the class is cancelled, all  
checks will be returned or shredded.

# COMMUNITY ED. REGISTRATION POLICIES

## REGISTRATION INFORMATION

- \*Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.
- \*Classes without enough participants will be cancelled
- \*Classes are filled on a first-come, first-served basis. Waiting lists will be formed once classes are full.
- \*Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.
- \*At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

## REGISTRATION FEES

- \*Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

## TRANSPORTATION

- \*Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.

## CANCELLATIONS

- \*In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

## SCHOLARSHIP INFORMATION

- \*Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to \$15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than \$15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person at the Community Ed office and show SCHA card at the time of registration.

## REFUNDS

- \*If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.

- \*In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

## PHOTOGRAPHY DATA

- \*Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667



NRHEG Public School District #2168  
Community Education  
Macy Whiteside, Director  
<https://www.nrheg.k12.mn.us/domain/49>  
507-417-2667  
[mwhiteside@nrheg.k12.mn.us](mailto:mwhiteside@nrheg.k12.mn.us)



NRHEG School District 2168  
306 Ash Ave. South  
New Richland, MN 56072

Non-Profit Organization  
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Permit No. 1  
New Richland, MN 56072

Postal Customer



# NRHEG COMMUNITY EDUCATION

## 2022-2023 District Brochure



### School 2022-2023 Office Hours:

*District Office: School year: Monday-Friday 7:30-4:00pm*

*Elementary School Office: School year: Monday-Friday 7:30-4:00pm*

*Community Education Office: School year: Monday-Friday 7:30-4:00pm*